

[external site](#) If you make a purchase using links in this article, I could receive a commission. Please see my Privacy Policy for information. These are the best [non-toxic body](#) pillows for full-body support during pregnancy and for proper spinal alignment. ☐ These non-toxic body pillows are my favorite choice. While these unusual body pillows might be the best choice for full-body support you need. For expectant mothers who want relaxing aromatherapy, too, get a MoonWomb. If you haven't ever used a body pillow, you don't know what you're missing! And if you already love the comfort and support of a long pillow and are looking for a chemical-free options, you will appreciate the non-toxic choices below. Savvy Rest is my number one choice for a non-toxic body pillow company. They have four different types, each with a different fill. All pillows come overstuffed, so you can easily remove filling to customize to your needs.

(Image: <https://kaboompics.com/download/10cbeb7d88c0be6e198efad459528f2d/original>) Every pillow comes with a soft flannel unbleached, naturally-colored organic cotton case. As well as an organic sateen pillowcase made specifically for the body pillow. Use Code GETGREEN along with these links to save 20% off of any Savvy Rest purchase. A truly soft and fluffy pillow made with vegan kapok, a plant-based material, with a similar feel to down feathers. If you want luxuriously soft comfort, this one is for you! For the ultimate in support, the shredded natural latex body pillow (from the sap of a rubber tree) conforms to your body but won't sink under your weight. This pillow is the least expensive of the Savvy Rest options. If you sleep hot, you will like the surprising natural temperature regulation of a [wool body](#) pillow. It will keep you cool in the summer and warm in the winter. The ultimate body pillow, this one keeps your temperature regulated with the wool, along with offering the best support from the shredded latex.

To see more of the Savvy Rest Kapok Bed Pillow that I own, watch my video below! Essentia is the number one choice for all natural [Derila™ Memory Pillow](#) foam products. Their body pillows use a a blend of their natural memory foam and proprietary latex foams for Try [Derila Pillow](#) Today superior support. The pillow covers are organic cotton with no synthetic dyes. This full U-Shaped body pillow completely surrounds you on either side and under your neck. While sleeping, your head and neck will be supported. When on your side, you will have support for your hips and knees, along with a pillow support behind your back to prevent rolling over. Unlike many body pillows, this Essentia Body Pillow comes with a built-in neck support that takes the place of a traditional pillow. This version is great for people who want the flexibility of having support on one side, but being able to sleep on their back or their other side without additional support.

This unusual moon-shaped pillow comes with an aromatherapy pouch for true relaxation. It is ideally suited for pregnancy and nursing mothers. Although many reviewers use this pillow for their back or even their pets. Buckwheat hulls give this crescent shaped pillow serious support. Just want an organic cotton body pillow? White Lotus has a range of body pillows, such as organic cotton. If you are looking for some new sheets, as well, check out these best organic cotton sheets sets. Why Do You Need To Sleep with a Body Pillow? Oversized body pillows might seem like a luxury for some. But, in fact, they should be a necessity. They offer great support while your body is resting and recovering during sleeping. Pregnant women and nursing mothers also know the need for a body pillow, too. The long pillow that can be curved in a variety of ways offers superior support for the belly while sleeping during pregnancy. Once nursing, the pillow offers amazing support and flexibility for both mother and child in a nursing position. Because these body pillows in our buying guide are made without harmful chemicals, you don't have to be worried about exposing your baby to toxins. Want more non toxic bedding? Be sure to Pin This to save for later or share with others! Ditch the Toxins in Your Home! Join our weekly newsletter for shopping guides, cleaning hacks and smart tips to improve wellness where you live. Thanks! Keep an eye on your inbox for updates.

Did you ever notice that no male doctor ever sat on a female patient's bed on "Ben Casey"? Or that, for a long time, all TV doctors were men? Today, TV doctors - male and female - are more likely to be

flawed characters. And while shows hire medical experts as technical advisers, writers aren't under any obligation to make any changes based on the suggestions of those pros. It wasn't always that way. In 1951 when the first TV medical drama, "City Hospital," aired (and in the 1960s when "Ben Casey" was popular), the American Medical Association was invested in portraying medical accuracy, not preserving the story line. And for a few decades it was within the organization's right to demand script changes over concerns ranging from proper decorum to the way TV surgeons and doctors held their instruments. And in return, they'd stamp the show with the AMA seal of approval (shown at the end). Let's look at "ER," for instance: "ER" debuted in 1994, and by 2001 one out of five doctors reported their patients were asking not only about diseases highlighted on the show, but also about specific treatments used in episode story lines.

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