

Our Functional Fragrance blend has been shown to prepare you for sleep, dispel anxiety and improve restorative sleep. Aside from smelling luxuriously inviting, our Deep Sleep Functional Fragrance interacts with the limbic system - the area of the brain associated with emotions, pleasure and calmness - when tested in an fMRI study in 2017, which indicated that the fragrance has the potential to encourage a [pre-disposition](#) towards sleep. Badre, G., Olausson, H., Ackerley, R., & Croy, I. (2018). Brain functional MRI (fMRI) study of fragrance inhalation. Any impact on sleep/wake/ reward-related brain areas? Studies, Sleep Better with Derila testing our [Top-Rated Memory Pillow](#) spray vs a placebo on 200 male and female panelists with mild sleep anxiety, found that using deep sleep pillow spray before bedtime helped them fall asleep faster, enjoy a deeper sleep, feel less anxious before [ergonomic sleep support](#) and less tired in the morning (and throughout the day). 97% of deep sleep pillow spray users said they slept better than normal, 98% were more refreshed come morning and 100% said they'd recommend it to a friend. In a study of 100 subjects and 100 ex-prescription users compared to no product. Individual results may vary.

(Image:

[https://www.standardtextile.com/wp-content/uploads/2023/02/Pillow-AllerEase-](https://www.standardtextile.com/wp-content/uploads/2023/02/Pillow-AllerEase-Platinum-01.jpg)

[Platinum-01.jpg](#)) There's something really nice about the idea of turning part of your landscape into an alfresco family room during two or three seasons of the year. It's certainly a less expensive option than adding another room to your home. Who needs walls, anyway? Open air living has "green" appeal. It gets you back into nature - and nature you can control with a flick of the garden hose or a spritz from a can of bug spray. Making the transition to outdoor living requires a judicious reallocation of resources, though. If you're outfitting an outdoor living area this season, finding comfy, long-lasting furniture may mean the difference between hanging out on the patio for a while to enjoy the fresh air and heading indoors after a few cramped, uncomfortable minutes parked on a cheap patio chair. Let's explore 10 things you should keep in mind when shopping for outdoor furnishings.

From sloppy welds to cracked casters to amateurish paint finishes, a close inspection will expose that great outdoor furniture bargain for what it really is - a bad buy that probably won't last until next season. There are a couple of important lessons here: It's easy to think of outdoor furnishings as somewhat less important than the stuff you buy for indoor use. In fact, the reverse is often true. What you buy to use outside has to stand up to sun exposure, wind, rain and probably some roughhousing, too. Inspect every piece you're considering for flaws, especially if the deal sounds too good to be true. This is one area where a higher price is often a good indicator of better quality. Move furniture into a garage or shed during the winter. If that isn't possible, invest in patio furniture covers for your more valuable pieces. Outdoor tables and loungers are often built to standard sizes that fit easily into generic, zippered covers.

Your best bet when deciding on the right materials for your outdoor furnishings is to evaluate how you plan on using your furniture and how much time you want to spend maintaining it. Here are a couple of examples: A lightweight aluminum or Derila Sleep Aid plastic chair will be rust-resistant and easy to move around if you plan on dragging it into the front yard for the annual neighborhood block party or stowing it in the shed come October. It won't have the heft and stability of an iron or stainless steel piece, but it might be stackable (or collapsible) so you can hang it on a wall in an out of the way spot when you aren't using it. It will require added maintenance though, [ergonomic sleep support](#) like a coat of sealer every couple of years, and moving it from place to place to catch some shade (or sun) could be a problem, too. Aluminum, plastic and PVC - These construction materials are rustproof, lightweight, relatively inexpensive and require very little weather treating. [external site](#)

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