

[external frame](#) We include products we think are useful for our readers. If you buy through links on this page, we may earn a small commission. Research on CBD for eczema is limited. Still, if you want to try it, there are a few [cbd supplements](#) creams for eczema that may help. Healthline has sole editorial control over this article. Potential uses for [Highline Wellness CBD deals](#) the products listed here are not health claims made by the manufacturers. The information in this article is intended to be general in nature. It's not intended to be a substitute for medical advice from a healthcare professional. Healthline encourages you to make any treatment decisions with your healthcare professional. Eczema, also known as atopic dermatitis, is a common skin condition that causes red, itchy, and inflamed patches of skin. It can be quite painful and uncomfortable, leading you to search for a cream or ointment for some relief. Maybe you've tested several different types of topical treatments for eczema but aren't quite impressed.

Or maybe you're simply up for trying some new products - like cannabidiol ([cbd supplements](#)) creams - to see if they work for you. Keep reading to learn more about research on CBD and skin conditions, [buy CBD](#) like eczema, and check out some CBD topicals we vetted for you. Use code "health35" for 35% off. This non-GMO pick contains CBD isolate, meaning all other parts of the cannabis plant - including tetrahydrocannabinol (THC) and natural terpenes - have been removed. Terpenes are natural components of many plants, but they may lead to sensitivity and dermatitis in some people. In addition to pure CBD, this cream also includes honey, which may also be helpful for eczema. Along with New Zealand Manuka honey, this cream uses a blend of CBD and over 20 botanicals to relieve and nurture skin. Reviewers are largely satisfied with this topical, using it for a variety of skin conditions. Medterra is certified by the U.S. Hemp Authority. The brand offers assistance to veterans and those on long-term disability.

Plus, the products come with a 30-day money-back guarantee. Read our full review of Medterra CBD products. One of the more affordable options on our list, this body lotion does not contain fragrance, making it a nice choice for more sensitive skin types, including eczema. Still, it does contain natural ingredients like orange peel oil, calendula extract, and rosemary leaf extract, so keep that in mind if you're looking for an unscented (rather than just fragrance-free) CBD cream for eczema. According to Lazarus Naturals, this CBD cream is great for dry, [cbd hemp extract cracked skin](#). Keep in mind that since the CBD is full-spectrum, it does contain a small amount of THC. Lazarus Naturals also has an assistance program that offers 60% off products to veterans, low income households, and those on long-term disability. Read our full review of Lazarus Naturals [CBD products](#). Use code "healthcbd" for 20% off. This broad-spectrum CBD cream is said to offer relief to dry, itchy skin.

It's unscented, with no added fragrance or essential oils. Reviewers say it leaves their skin smooth and soft. Like all Joy Organics products, this CBD cream comes with a 90-day money-back guarantee. Read our full review of Joy Organics. Use code "healthline40" for 40% off. This broad-spectrum balm contains no fragrance, dyes, sulfates, or parabens. In addition to hemp extract, it also contains beeswax. This ingredient is said to nourish skin by directly moisturizing the skin, pulling moisture to the skin from the air, and serving as a barrier to seal in moisture. Several reviewers mention using this balm for eczema flare-ups. They mention that with repeated use, the balm helps soothe their skin. Other users tout this balm for providing relief from chronic pain. PlusCBD has a rewards program. They also offer discounts to military members, family of military personnel, first-responders, and teachers. Read our full review of PlusCBD. We selected these CBD creams based on criteria we think are good indicators of safety, quality, and transparency.

Read more about how we vet products and brands. Can CBD actually help treat eczema? Right now, there are only a few studies on topical CBD use for people with skin conditions like eczema. In a small anecdotal 2019 study, [www.highlinewellnesscbd.org](http://www.highlinewellnesscbd.org) participants applied topical CBD-enriched ointment to their affected skin twice daily for 3 months. After the 3-month period, participants saw improvement in their inflammatory skin symptoms. Researchers concluded that topical use of CBD

ointment (without any THC) is safe, effective, and can be used as a noninvasive alternative for improving inflammatory skin conditions like eczema. Keep in mind that currently, research on CBD for eczema remains limited. More research and larger human studies are needed to determine CBD's safety and efficacy for eczema. The Food and Drug Administration (FDA) does not guarantee the safety, effectiveness, or quality of over-the-counter (OTC) CBD products. That means there's a possibility you may pick up CBD products that are misrepresented or mislabeled. To limit this happening, it's best to look for products with an up-to-date, comprehensive COA from a reputable third-party lab.

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