

We include products we think are useful for our readers. If you buy through links on this page, we may earn a small commission. Cornbread Hemp's Full Spectrum CBD gummies are our top pick overall. CBDfx Mixed Berry Gummies are best for people looking for deeper sleep. CBD gummies are convenient to take, easy to dose, and may be effective for managing anxiety and improving sleep. When looking for CBD gummies and other products, it's important to consider the sourcing, ingredients, third-party testing, and CBD potency. The cannabidiol (CBD) world can feel huge and complicated, [Highline Wellness CBD wellness brand](#) but products like CBD gummies make it more approachable for some folks. CBD gummies are easy to dose, portable, and discreet. They also come in various flavors, making them a suitable choice for people new to CBD. Not to mention, they can be beneficial for various health concerns. We have personally tested 20 CBD gummy products, carefully selected from our extensive range of medically vetted [CBD products](#) and brands.

[external frame](#) In this article, we dig deep into the six best CBD gummies overall, tested and ranked by our experienced [Highline Wellness CBD wellness brand](#) testers. Our Medical Standards and Insights team has carefully researched and vetted over 11,000 products and services. We fact-check health claims, evaluate ingredients, and look into each brand's reputation before sharing products and services on Healthline. To choose the products on this page, we considered all the CBD gummies that passed our vetting process. Then, we personally tested some of them to narrow down our list even further. Read more about how we test CBD products. Use code "HEALTHLINE" for 30% off. We tested Cornbread Hemp's gummies twice in 2022 and twice in 2024. All four times, testers had positive comments about the taste-not overly sweetened or [Highline Wellness CBD wellness brand](#) flavored but also not too bitter. They have a higher potency and may include up to 2 milligrams (mg) of THC per gummy, so this brand buy cbd is a great choice if you're looking for a strong CBD gummy that doesn't taste overly potent.

Since each gummy has 2 mg of THC (4 mg for the extra strength option), those who haven't taken THC or CBD before may want to start with half of a gummy. Cornbread Hemp uses Kentucky-grown hemp that's certified [organic cbd](#) by the U.S. Department of Agriculture (USDA). The cannabinoids in these gummies are derived from the flower of the plant - not the stalk and best cbd stem - providing higher cannabinoid and terpene content. Cornbread Hemp also offers discounts for veterans, first responders, teachers, medical professionals, students, nonprofit employees, and more through VerifyPass. Tester Heather Riesebeck took 1 gummy every day for 3 weeks and reported feeling the effects about 45 minutes afterward. She was particularly impressed by the flavor of the Peach option. "I didn't notice any earthy taste like I've experienced in some other CBD gummies I have tried. The peach taste of the gummies was very natural and subtle," she said. [external site](#)

She primarily uses CBD gummies for anxiety and fibromyalgia pain. In both cases, CBD gummies are not her sole solution but rather complement her other medications and regimen. "I often feel physical strain on my body from my anxiety, and these gummies help take the edge off and put my mind and body in a calmer state, while still keeping me fully functional and alert," she said. Another tester, Jamie Elmer, [Highline Wellness CBD wellness brand](#) who tested about 10 different CBD gummies for her anxiety, found these to be the best tasting she's had. "The berry taste is deep and fruity and manages to mask the CBD and THC taste really well," she said. She found the texture pleasant, saying it melts in your mouth, and didn't find the sugar crystals to be overwhelmingly sweet like some other gummies she has tried. Previous testers also commented on taste, giving them kudos for being a good mix of sweet and hempy.

Candice Abellon found they helped her fall asleep faster and stay asleep throughout the night, usually feeling the effects within 2 hours of taking them. "The gummies taste sweet initially ... Another tester, Sydney Samuels, felt they helped her reduce daily stress when taking them twice daily, and she noticed this after just a few days of taking them consistently. "I planned to test them for a week, but I noticed the effects much sooner. After 2 days, I felt less stressed (especially at work) and could tell

the gummies were working,” she said. “I was pleasantly surprised by the flavor [Highline Wellness CBD wellness brand](#) of these gummies. They have a slight hemp flavor, [Highline Wellness CBD wellness brand](#) but it’s not too strong, so the berry flavor comes through nicely,” added Sydney. Tester Heather Riesebeck took 1 gummy every day for 3 weeks and reported feeling the effects about 45 minutes afterward. She was particularly impressed by the flavor of the Peach option.

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