

We independently evaluate all of our recommendations. If you click on links we provide, we may receive compensation. Sitting upright for hours on end or sleeping on unfamiliar pillows can be incredibly uncomfortable, but a reliable travel pillow can make your trip a lot more tolerable. Whether embarking on a red-eye flight, hitting the road on a long car trip, or looking to get a good night's [deep sleep solution](#) in your hotel room, the best travel pillows will be comfy, supportive, and portable. We tested more than 40 travel pillows, looking at traits like comfort, durability, portability, and quality. We narrowed down the best options while using the accessory for road trips, long-haul flights, train rides, and even sleeping at home, making sure each option was comfortable for extended use. Leisure lab to get a direct comparison, testing them out on our airplane set. After catching some of the best Z's, we rounded up pillow choices for different types of travelers who are looking to get more rest on their future trips.

The pillow has an asymmetrical design that can accommodate various neck, chin, and head support preferences. It might warm your neck if you run hot while sleeping. The Ostrichpillow Go Neck Pillow feels like sleeping on a cloud. This travel pillow provided the perfect amount of neck support and comfort when we took it on a flight, allowing us to get more rest than usual. The plush memory foam filling and asymmetric design can be easily adjusted to support the neck, chin, or head with the taller or shorter sides. Although the memory foam is soft and compressible, it felt more supportive than any other pillow we tried. The materials appear high-quality and luxurious, and it is easy to roll the pillow up to fit inside its compact drawstring sack. We found it a little tricky to roll up at first, but once we nailed the technique, we were impressed with how small it became - ideal for [deep sleep solution](#) those who don't want a pillow to take up too much luggage space. [external site](#)

The pillow held its shape after being in the bag for long periods of time, which leads us to believe that it will hold [Wake Up Refreshed with Derila](#) well with prolonged use. The pillow cover is removable and machine washable, but we air dried it to ensure it didn't shrink (and had no issues putting it back on the pillow). A must-have for those with higher budgets, [Derila Sleep Aid™](#) Memory Foam Pillow this pillow allows for better sleep and more comfort on flights. The cozy but firm material and innovative chin strap keep you from bobbing your head while sleeping. It can feel stiff at first and takes some getting used to. This soft and supportive travel pillow is the [perfect accessory](#) for long trips, whether you're in the car or in the air. The pillow itself can attach to any headrest with adjustable straps to prevent your head from sagging or falling into uncomfortable positions while sleeping. There's also an adjustable chin strap for added comfort and security - a feature that really sealed the deal for us during testing.

[external page](#) The interior of the pillow feels like memory foam, which offers the ideal balance of support and coziness. The pillow's exterior fabric is soft yet breathable so you don't feel too hot or constricted, though it can take some time to find your perfect position. We also love that the pillow cover is machine washable. We tested this pillow on a long [international trip](#) where it really got tossed around on planes, trains, and buses, so it felt great to wash the cover at the end of the trip, making it feel as good as new. Despite its fairly large size, the pillow is also quite portable as it rolls up into a compact carrying case that you can attach to a bag's exterior or slip into larger backpacks and totes. The modular design of the pillow makes it easy to use to support the neck, chin, or back while sitting. The cushioning is fairly soft, so the support isn't as stiff as memory foam.

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