

Humidity control is one of the most overlooked parts of home comfort, yet it can have a noticeable impact on how the air feels inside. When indoor air lacks moisture, the home may feel dry and uncomfortable. (Image: <https://www.homecomfortpractice.com/wp-content/uploads/2023/03/air-source-heat-pump-scaled.jpg>)

When humidity becomes too high, rooms can start to feel sticky or stale. Finding the right balance is important for comfort, air quality and the overall feel of the home. [Central Heating service team](#) Heating helps homeowners in Ontario improve indoor comfort with humidity control solutions that are designed for year round use. Our team works with humidifiers, dehumidifiers and related indoor air quality products that help support better moisture balance across the home. We take time to understand the comfort concerns in each space and then recommend practical options that fit the household and HVAC system. Whether the goal is to reduce excess moisture, add needed humidity or improve general air quality, the right solution can make daily life more comfortable. Central Heating provides straightforward guidance and practical humidity control services that help homeowners create a healthier and more comfortable indoor environment. (Image: [https://homeinsulationbusinessroundup.weebly.com/uploads/1/4/9/1/149181504/which-way-to-face-in-sulation\\_orig.jpg](https://homeinsulationbusinessroundup.weebly.com/uploads/1/4/9/1/149181504/which-way-to-face-in-sulation_orig.jpg))

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